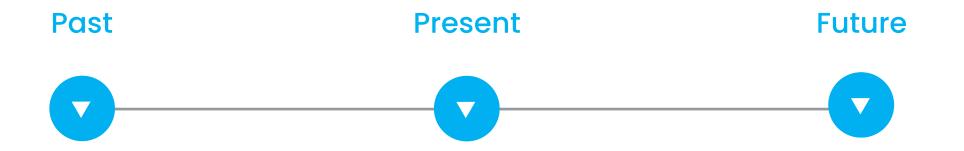
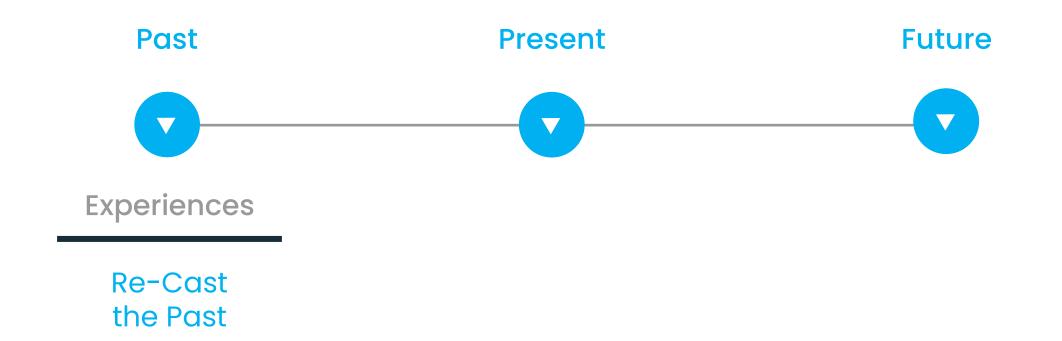
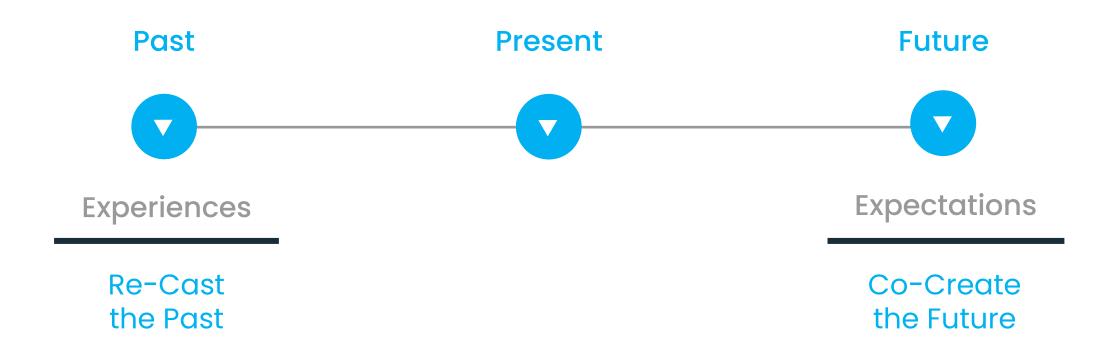
Relationships

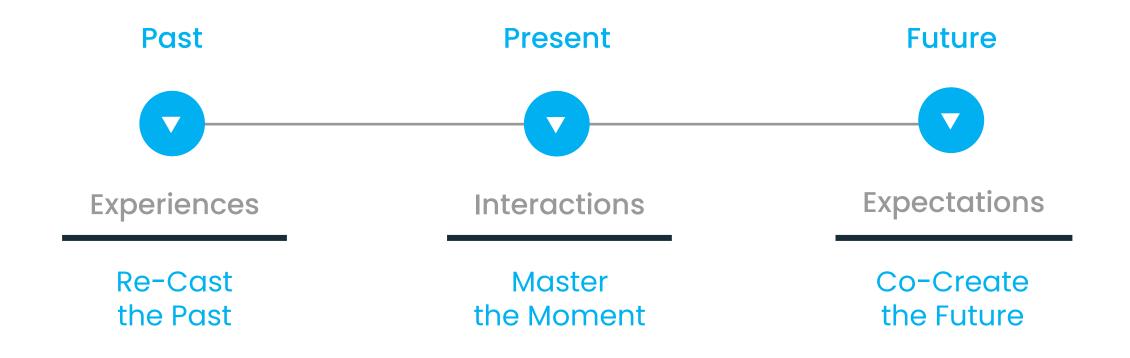
A connection between people built on a foundation of shared experiences, interactions, and expectations







© Copyright Core Strengths, 2023. All rights reserved.



Relationship Intelligence (RQ)

Insight for adjusting your approach to make interactions more effective.

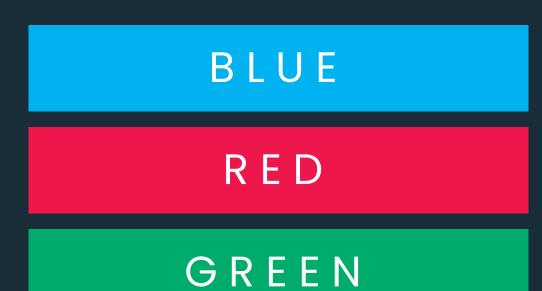
© Copyright Core Strengths, 2023. All rights reserved.

Strengths & Motives

To understand **strengths...** ...we need to know the **motives** that anchor them.



SDI 2.0 and Three Core Motives



Condition 1: When Things Are Going Well

Condition 2: When Things Are in Conflict

© Copyright Core Strengths, 2023. All rights reserved.

Condition 1: Going Well



Everyone has a **blend** of three motives:

PEOPLE

A drive to help others

PERFORMANCE

A drive to achieve results

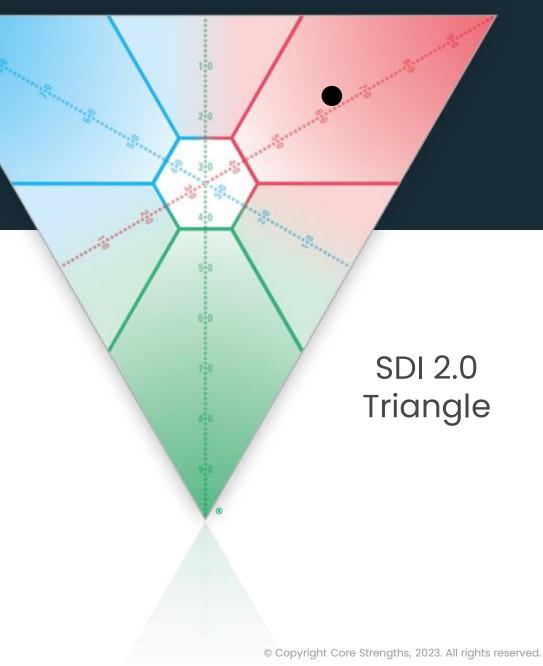
PROCESS

A drive to establish order

© Copyright Core Strengths, 2023. All rights reserved.

SDI 2.0: Assess Motives

The SDI 2.0 creates a picture of your core motives.



Blue MVS

- Desire to help others who can genuinely benefit.
- Motivated by the protection, welfare, and growth of others.



Red MVS

- Motivated by task accomplishment and achieving results.
- Desire to set goals, take decisive actions, and claim earned rewards.



Green MVS

- Motivated by meaningful order and thinking things through.
- Desire to pursue independent interests, to be practical and fair.



Red-Blue MVS

- Motivated by the maximum growth and development of others.
- Desire to direct, persuade, or lead others for the benefit of others.



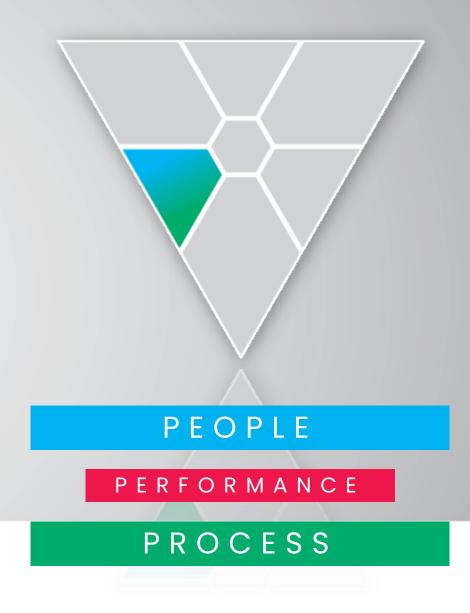
Red-Green MVS

- Motivated by intelligent assertiveness and fairness in competition.
- Desire to develop strategy and assess risks and opportunities.



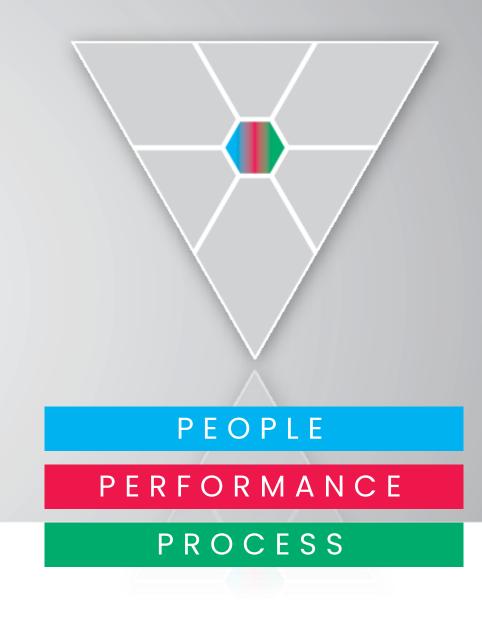
Blue-Green MVS

- Motivated by developing self-sufficiency in others and self.
- Desire to analyse the needs of others and to help them help themselves.



HUB MVS

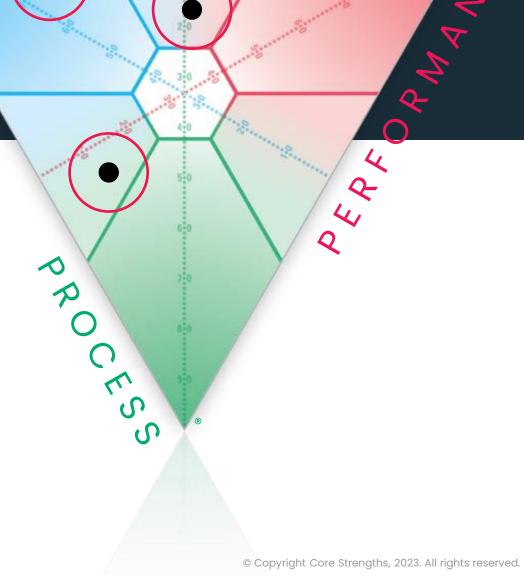
- Motivated by flexibility and adapting to others or situations.
- Desire to collaborate with others and to remain open to different viewpoints and options.



MVS Dots

- Are in one of seven regions
- May be close to borders (within 6 points)
- If close to borders, parts of both MVS descriptions may apply

PEOPLE



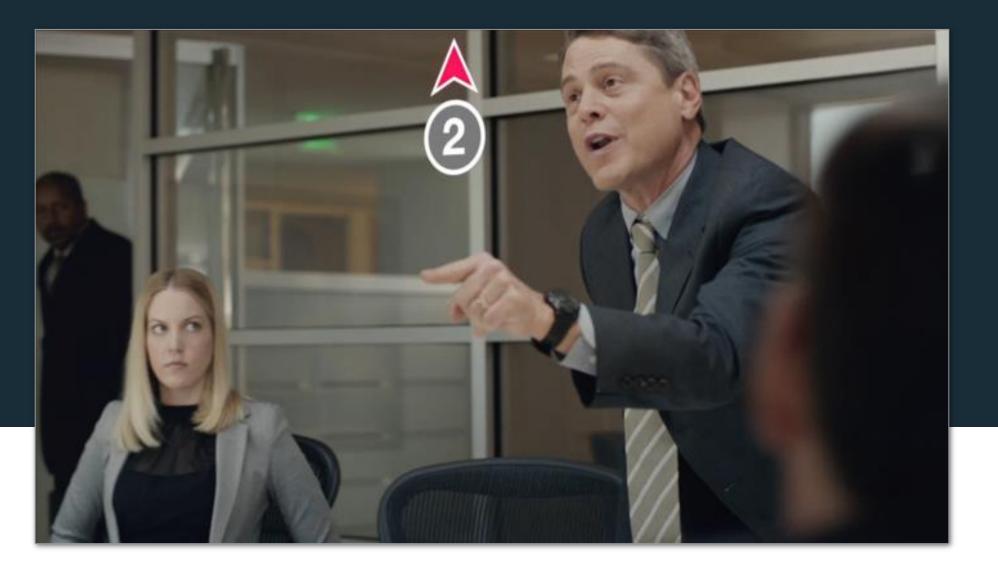
Know the Difference

	OPPOSITION V	'S CONFLICT
Definition	Objective disagreement	Opposition gets personal
Problem	Issues avoided for fear of conflict	Can damage relationships
Opportunity	Source of productive collaboration	Resolution improves relationships

Engage Opposition, Prevent Conflict

- Opposition doesn't have to turn into conflict.
- Every conflict has some opposition in it.
- To prevent conflict, be aware of what triggers conflict in yourself and others.

Conflict changes the game...



Motives in Two Conditions

Condition 1: When Things Are Going Well	Condition 2: When There Is Conflict
PEOPLE	ACCOMMODATE
PERFORMANCE	ASSERT
PROCESS	ANALYSE
PROCESS	ANALYSE

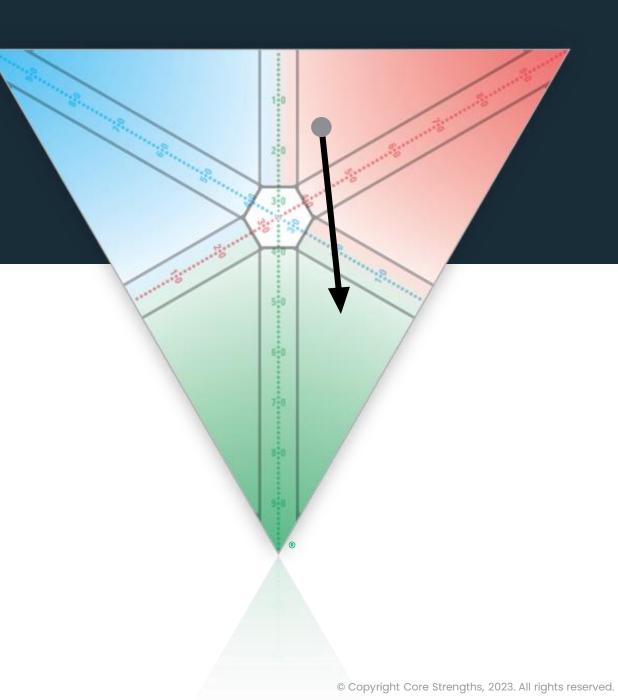
All three motives <u>blend</u>

Motives work in <u>sequence</u>

SDI 2.0 Assess Motives in Conflict

The SDI 2.0 creates a picture of your changing motives in conflict.





A Conflict Sequence Has Three Stages		Conflict Sequence		
		Conflict Stage	Focus On	
		1	Self, Problem, & Others	
		2	Self, Problem, & Others	
		3	Self, Problem, & Others	

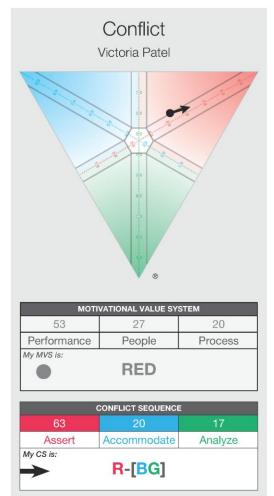
A Conflict Sequence Has Three Stages

We get the best results in Stage 1 Conflict...

...before the **Problem** and **Others** drop out of focus.

Conflict Sequence Conflict Focus Stage On Self, Problem, & Others Self, 2 Problem, Self, 3

SDI 2.0 Results: Conflict Sequence



Vcorestrengths © Copyright 2023 by PSP, Inc.

CON	FLICT
	of conflict. a STAGES of CONFLICT b. If that does not work, you want to make the situation: to give in with conditions a STAGES of CONFLICT a STAGES a STAGES of CONFLICT a STAGES of CONFLICT a STAGES a STAGES of CONFLICT a STAGES a
HOW YOU EXPERIENCE CONFLICT	UNDERSTANDING YOUR RESULTS
You engage the issue or other people as quickly as possible. You feel a sense of urgency, and want a	The SDI 2.0 describes your motives in relating to others under two conditions:
quick resolution. You are direct and assert your rights. You want to be sure that some action is taken. You believe that the best way to show you care about the	 when everything is going well when you are faced with conflict
problem is to respond immediately, before the problem can get worse.	The arrowhead on the SDI 2.0 Triangle represents the sequence of motives you experience when faced with
You want other people to be direct, listen to your view, and take action. You do not want people to withdraw, take too long to decide, or try to minimize the issue.	conflict. Each person's Conflict Sequence is a pattern of three primary motives — Accommodating (Blue), Asserting (Red), and Analyzing (Green).
If conflict progresses to your Stage 2 blend of Blue and Green, you may accommodate with conditions or analyze the situation, depending on how important the results are to you. You feel that others don't share your	Different combinations of Blue, Red, and Green produce 13 possible Conflict Sequences. Each region is defined by the order that motives are experienced during conflict.
priorities and that you need to decide what matters most to you.	WHAT DO THE BRACKETS MEAN?
If conflict progresses to your Stage 3 blend of Blue and Green, you distance yourself from the issue or others.	Your R-[BG] Conflict Sequence has brackets. The colors of motives in the brackets are interchangeable. When you are in a bracketed stage of conflict, you choose one of the bracketed colors or try to combine
The length of the line between your dot and arrowhead	the colors, based on how you see the conflict.
suggests the degree of change you experience internally and the degree of change that can be observed by others. You have a Short Line , which	If your arrowhead
means the change from your Red MVS to your Stage 1 Red can be difficult to notice.	is close to a
	border



Strength Deployment Inventory 2.0 results provided by PSP, Inc. July 30, 2020 4

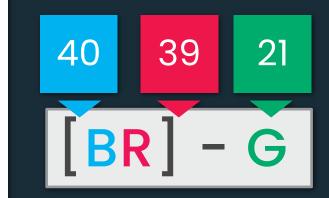
13 Conflict Sequences

Susan Anderson

ONFLICT SEQUENCE	DESCRIPTION	CONFLICT SEQUENCE	DESCRIPTION
	When faced with conflict, I want to press assertively to maintain harmony and goodwill, but I do not want to sacrifice results for harmony. If that does not work, I may decide to withdraw from the situation.		People who want to challenge conflict directly. If that does not work, they want to restore or preserve harmony. If that does not work, they may feel compelled to withdraw from the situation or end the relationship.
[BR]-G		R-B-G	
	People who want to keep peace and harmony. If that does not work, they want to take a stand for their rights. If that does not work, they may feel compelled to withdraw as a last resort.		People who want to assert they rights and win. If that does not work, they want to make a choice depending on what's better in the situation: to give in with conditions or to disengage and save what they can.
B-R-G		R-[BG]	
	People who want to keep harmony and accommodate the opposition. If that does not work, they want to make a choice based on what's best for everyone: to rely on logic and principle or to employ assertive strategies to prevent defeat.		People who want to prevail through competition. If that does not work, they want to use logic, reason, and rules. If that does not work, they may feel compelled to surrender as a last resort.
B-[RG]		R-G-B	
	People who want to keep harmony and goodwill. If that does not work, they want to disengage and save what they can. If that does not work, they may feel compelled to fight, possibly in an explosive manner.		People who want to press assertively to maintain harmony and goodwill, but they do not want to sacrifice results for harmony. If that does not work, they may decide to withdraw from the situation.
B-G-R		[BR]-G	
	People who want to carefully examine the situation. If that does not work, they want to defer to other people in the interest of harmony. If that does not work, they may feel compelled to fight, possibly in an explosive manner.		People who want to engage conflict quickly, but indirectly, with thoughtful strategies. If that does not work and others have more power in the situation, they may surrender.
G-B-R		[RG]-B	
	People who want to maintain order and principles. If that does not work, they want to make a choice, depending on what's more reasonable in the situation: to give in with conditions or to forcefully engage.		People who want to maintain peace and harmony with caution regarding the personal costs of doing so. If that does not work, they may feel compelled to fight, possibly in an explosive manner.
G-[BR]		[BG]-R	
	People who want to analyze the situation logically. If that does not work, they want to forcefully press for a logical resolution. If that does not work and others have more power in the situation, they may surrender.		People who want to determine the most appropriate response to each situation and choose an accommodating, assertive, or analytical approach. Their approach differs according to the situation, rather than following a fixed sequence.
G-R-B		[BRG]	

Vcorestrengths" © Copyright 2021 by PSP, Inc.

Strength Deployment Inventory 2.0 results provided by PSP, Inc. July 30, 2020 6



[Brackets] indicate:

- Blending of motives
- Tension between motives

Validate

Mark all that apply to your Stage 1 Conflict

Victoria Patel



R-[BG]: Stage 1 Conflict

When faced with conflict, I want to assert my rights and win. If that does not work, I want to make a choice depending on what's better in the situation: to give in with conditions or to disengage and save what I can.

Mark the statements that are true for you when you are experiencing each stage of conflict:

STAGE 1: Self, Problem, Others	STAGE 2: Self, Problem, Others	STAGE 3: Self, Problem, Others
R-[BG] Wanting to assert oneself.	R-[BG] Wanting to conditionally give in or defer to others, or to disengage from others or clarify the issue.	R-[BG] Feeling driven to give up or to retreat.
 I want to rise to the challenge being offered. I feel energized and want to get things started right away. I am certain about what needs to be done. I want other people to see how urgent the situation is. I want to solve the problem as quickly as possible. I am focused on the need for action and results. If others delay or don't respond, it could send me into my second stage of conflict. 	 I am frustrated by a lack of action or results. I want to wait and let things settle down. I become reflective and analyze my role in the conflict. I may alternate accommodating or analytical approaches until something works. I feel the need to balance or prioritize between harmony and logic. I believe that backing down or yielding on minor issues will create progress or stop things from getting worse. 	 I feel a need to distance myself from the situation or others. I wait until I can see a clear path forward. I want to end the conflict with the least damage possible. It seems that I have no choice but to make concessions. I don't want to be forced to into a decision.

Vcorestrengths © Copyright 2023 by PSP, Inc.

Strength Deployment Inventory 2.0 results provided by PSP, Inc. July 30, 2020 5

The Path Back to MVS

- During conflict we defend our values.
- We become resilient when we return to our motives.



Your SDI 2.0 Results

Conflict Sequence Path Back Motives

	2.0 Resu Victoria Patel	lts
моті	VATIONAL VALUE SYS	STEM
53	27	20
Performance	People	Process
My MVS is:	RED	
(CONFLICT SEQUENCE	
63	20	17
Assert	Accommodate	Analyze
My CS is:	R-[BG]	

Vcorestrengths © Copyright 2023 by PSP, Inc.

CONDITION #1: WHEN THINGS ARE GOING WELL	CONDITION #2: WHEN FAC
MOTIVES	CONFLICT
RED You are motivated by task accomplishment and achieving results. You have a strong desire to set goals, take decisive action, and claim earned rewards.	R-[BG] You want to assert your rights and win. If that does not work, you want to make a choice depending on what's better in the situation: to give in with conditions or to disengage and save what you can.
YOUR MOTIVES AND VALUES	HOW YOU EXPERIENCE CONFLICT
As a person with a Red MVS , you achieve feelings of self-worth by being a successful leader of others and by providing direction to achieve results. You are an achiever in the face of competition. You understand that you must be clear about your goals and give direction to achieve those goals. You exercise power and control, set high performance	You engage the issue or other people as quickly as possible. You feel a sense of urgency, and want a quick resolution. You are direct and assert your rights. You want to be sure that some action is taken. You believe that the best way to show you care about the problem is to respond immediately, before the problem can get worse.
standards, and take decisive action. You believe the bigger the game, the greater the need to rally support to achieve success. You value the power of productively directing others.	You want other people to be direct, listen to your view, and take action. You do not want people to withdraw, take too long to decide, or try to minimize the issue.
You succeed in a world where opportunities are constantly being discovered and where challenges are revealed so they can be overcome. For you, a missed opportunity equals failure. You want to rise to positions of ever-increasing authority, thereby creating platforms for ever-widening spheres of influence and responsibility.	If conflict progresses to your Stage 2 blend of Blue and Green, you may accommodate with conditions or analyze the situation, depending on how important the results are to you. You feel that others don't share your priorities and that you need to decide what matters most to you.
You have a desire to accomplish things and direct others – but not at the expense of others. You	If conflict progresses to your Stage 3 blend of Blue and Green, you distance yourself from the issue or others.
believe that competition is the "name of the game" and that winning—both the goals that you seek and	THE PATH BACK TO YOUR RED MVS
the loyalty of others—is the real measure of	The path from your Stage 1 Red back to your Red MVS may involve meeting the challenge and

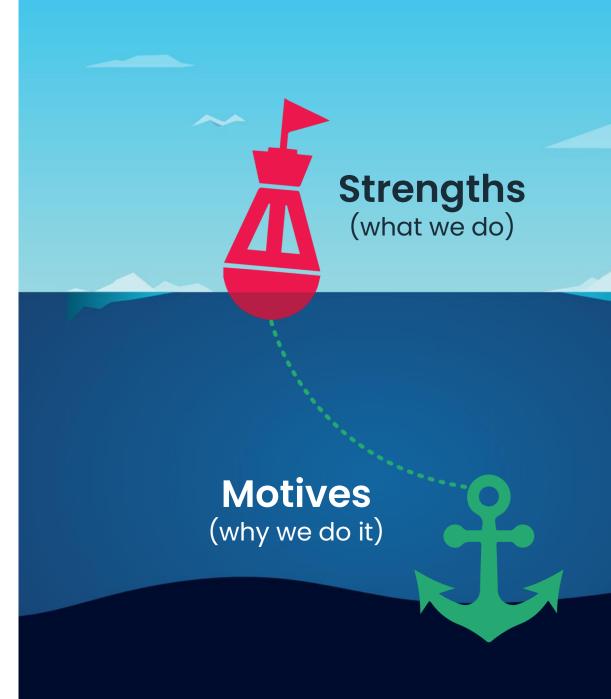


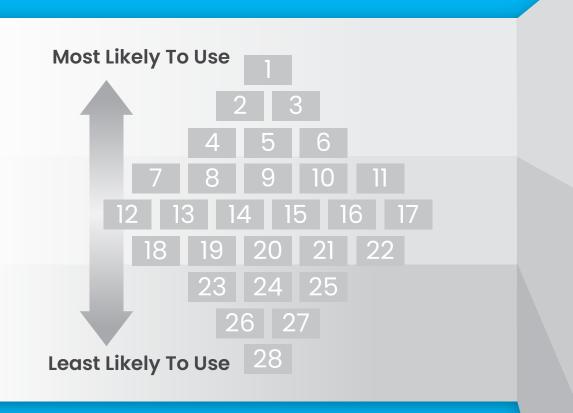
Strengths & Motives

Like a buoy, strengths **shift** based on the environment.

Your motives anchor your strengths. They are the core **reasons why** you do what you do.







Strengths Portrait

Top Strengths

- Most significant
- How you get results

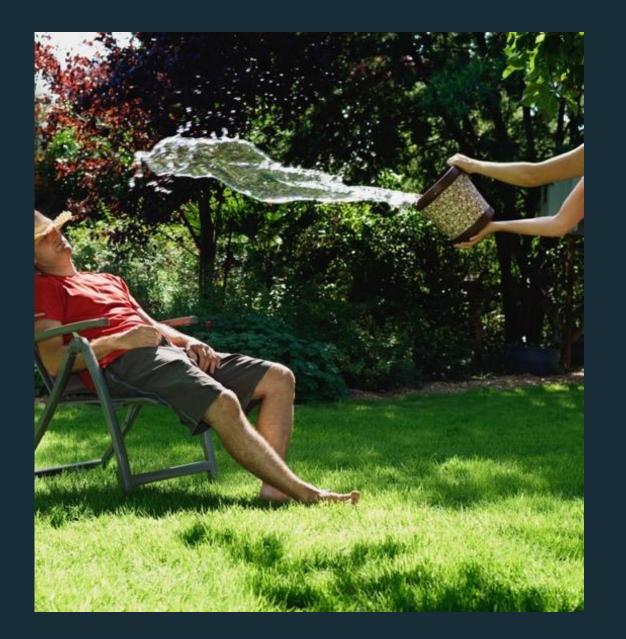
Middle Strengths

- Readily available
- Situational strengths

Bottom Strengths

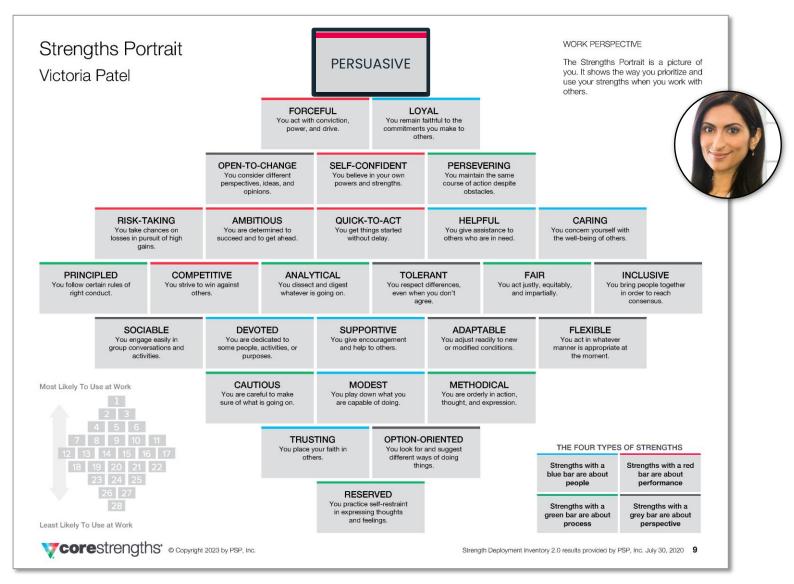
- Uncomfortable to use
- Often avoided



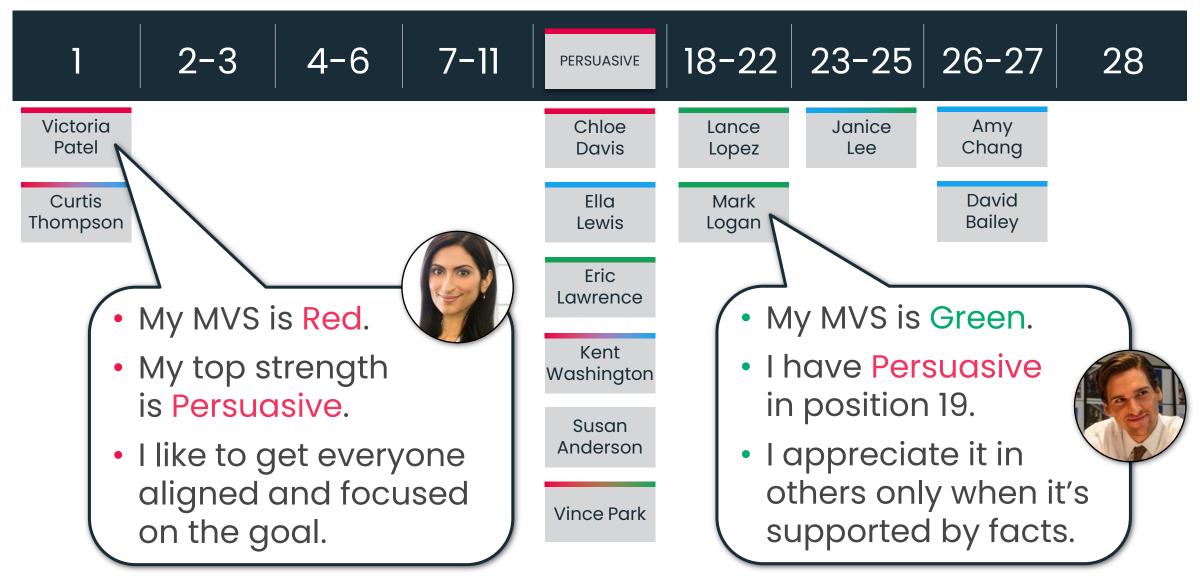


What do you see?

Activity: How I See It



Example: How I See It



Discussion: How I See It

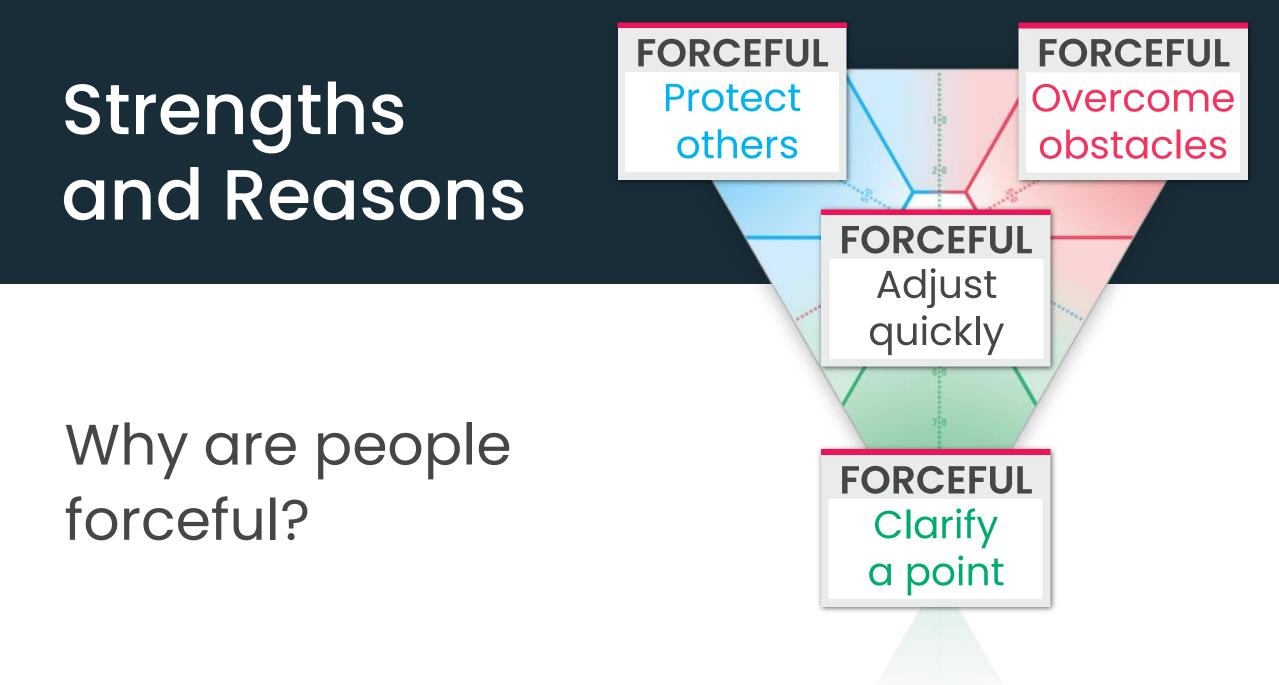
- My MVS is ____
- My top strength is
- I get these results when I use it effectively: _____,
- When others are not _____ enough, I ...



SUPPORTIVE The Buoy... 3 6 5 Δ Reason **28 Strengths Available:** Define desired results Bring the right strength • • Find a reason that resonates

© Copyright Core Strengths, 2023. All rights reserved.

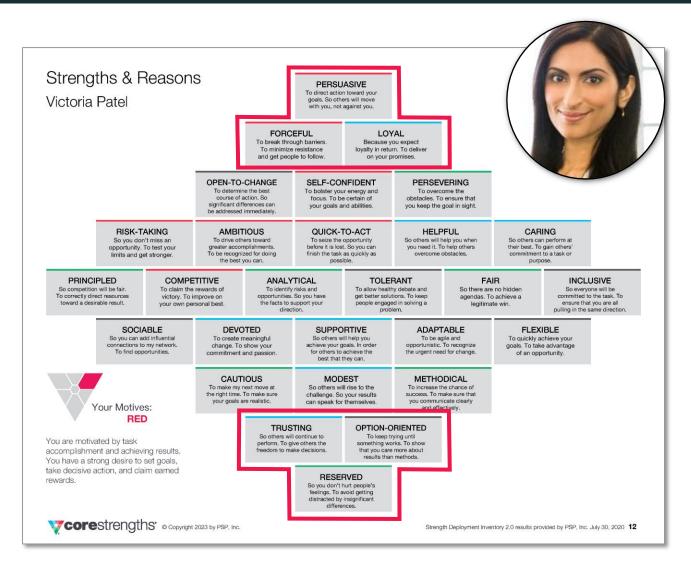
...and Anchor



Your Strengths & Reasons

Read the reasons that connect your:

- **1. Top** three strengths to your MVS
- **2. Bottom** three strengths to your MVS



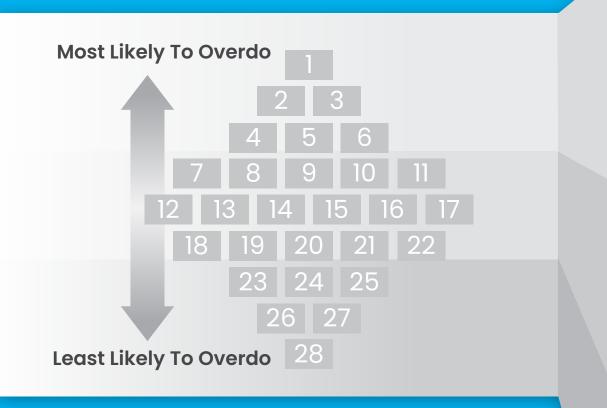
Strengths Can Be Overdone



Strengths Can Be Overdone



© Copyright Core Strengths, 2023. All rights reserved.



Overdone Strengths Portrait

sdizo

Top Overdone Strengths

- Well-intended
- Can be ineffective

Middle Overdone Strengths

- Occasionally relevant
- Situational strengths

Bottom Overdone Strengths

- You avoid doing
- Triggers conflict when others overdo

© Copyright Core Strengths, 2023. All rights reserved.

Conflict Triggers

Most Overdone

2. **METHODICAL** (Rigid)



3. RESERVED (Distant)





Least Overdone

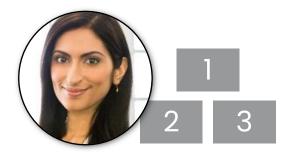
26. **METHODICAL** (Rigid)

28. **RESERVED** (Distant)

Conflict Triggers

Most Overdone

1. **FORCEFUL** (Domineering)



CONFLICT TRIGGERS

Least Overdone

27. FORCEFUL (Domineering)

